

# TRADITIONAL CAMP

YMCA Camp Echo Rock is a child-centered, outdoor adventure program unlike anything else in the area. We use exciting activities to help children make friends, learn skills, gain confidence and make magical summer memories. Campers will have time for archery, ropes challenge course, swimming, boating, arts & crafts, sports & games and outdoor living skills such as fire building, outdoor cooking and camping. Our well trained professional role models create a culture where children feel supported, encouraged and valued.

**SCOUTS** (entering grades 2-3) – Campers begin their journey into an outdoor-based summer camp while developing vital, lifelong skills. Scouts learn the value of teamwork, honesty, respect, and responsibility as they enjoy activities such as archery, boating, climbing wall, and outdoor living.

**NAVIGATORS** (entering grades 4-5) – Campers dive deeper into the realm of outdoor living with plenty of adventure! Campers learn skills including camp cooking and knot tying, while still enjoying all of their summer camp favorites. Programing is more thought provoking and will challenge your camper grow both physically and mentally. More advanced climbing, camping and boating skills are emphasized.

**PATHFINDERS** (entering grades 6-8) – This program challenges campers to go beyond their comfort zone and is designed to empower them to take chances and develop a stronger sense of self-worth. We promote leadership and independence with a group-influenced schedule while staying true to our outdoor living roots. Campers learn to master and practice advanced outdoor living skills.

**CIT** (Counselor-In-Training ages 14-16) – This three week program is designed to bring out leadership skills and develop strong self-confidence. CITs learn what it takes to be a leader in an outdoor living-based camp. We are looking for campers who have a reasonable understanding of outdoor living skills and aren't afraid to get dirty. CITs assist in leading activities as well as developing and teaching new activities to campers all under the watchful eye of a counselor.

**ADVENTURE TRAVEL WEEK CAMP** (Session 6) – This week we gather at Camp Echo Rock in the morning and then leave for full day adventures returning for dismissal at 4 PM. Trips are exciting and fun and may include Project Oceanology, Brownstone Water Park, Hammonasset State Beach, Deep Sea Fishing or more. Final trip schedule will be available on May 1.

# SESSION DATES

8 WEEKS OF SUMMER FUN!

CAMP HOURS 9AM-4PM

BEFORE AND AFTER CARE AVAILABLE.

**SESSION 1: JUNE 26-30**

THEME: **Amazing Race**

**SESSION 2: JULY 3-7**

NO CAMP JULY 3

THEME: **America the Beautiful**

**SESSION 3: JULY 10-14**

THEME: **Fun Factor**

**SESSION 4: JULY 17-21**

THEME: **Going Green**

**SESSION 5: JULY 24-28**

THEME: **Survivor**

**SESSION 6: JULY 31-AUG. 4**

THEME: **Travel Camp - On the Road Again**

**SESSION 7: AUGUST 7-11**

THEME: **All Camp Birthday**

**SESSION 8: AUGUST 14-18**

THEME: **Color Games**



Camp friends are the best friends!



**REGISTER ONLINE AT VSYMCA.ORG**

# REGISTER ONLINE AT VSYMCA.ORG

UNITS	Entering Grade	SESSION 1 6/26-30	SESSION 2 7/3-7 NO CAMP JULY 4	SESSION 3 7/10-14	SESSION 4 7/17-21	SESSION 5 7/24-28	SESSION 6* 7/31-8/4 ADVENTURE CAMP	SESSION 7 8/7-11	SESSION 8 8/14-18
Scouts	2-3	<input type="checkbox"/> \$255	<input type="checkbox"/> \$230	<input type="checkbox"/> \$255	<input type="checkbox"/> \$255	<input type="checkbox"/> \$255	<input type="checkbox"/> \$305	<input type="checkbox"/> \$255	<input type="checkbox"/> \$255
Navigators	4-5	<input type="checkbox"/> \$255	<input type="checkbox"/> \$230	<input type="checkbox"/> \$255	<input type="checkbox"/> \$255	<input type="checkbox"/> \$255	<input type="checkbox"/> \$305	<input type="checkbox"/> \$255	<input type="checkbox"/> \$255
Pathfinders	6-8	<input type="checkbox"/> \$255	<input type="checkbox"/> \$230	<input type="checkbox"/> \$255	<input type="checkbox"/> \$255	<input type="checkbox"/> \$255	<input type="checkbox"/> \$305	<input type="checkbox"/> \$255	<input type="checkbox"/> \$255
CIT	AGE 14-16	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> \$500 Choose Any 3 Weeks (PLEASE CHECK ONLY 3 ABOVE)									
Before & After Care* All Ages	Choose Location	<input type="checkbox"/> ECHO ROCK <input type="checkbox"/> VALLEY SHORE	<input type="checkbox"/> ECHO ROCK <input type="checkbox"/> VALLEY SHORE	<input type="checkbox"/> ECHO ROCK <input type="checkbox"/> VALLEY SHORE	<input type="checkbox"/> ECHO ROCK <input type="checkbox"/> VALLEY SHORE	<input type="checkbox"/> ECHO ROCK <input type="checkbox"/> VALLEY SHORE	<input type="checkbox"/> ECHO ROCK <input type="checkbox"/> VALLEY SHORE	<input type="checkbox"/> ECHO ROCK <input type="checkbox"/> VALLEY SHORE	<input type="checkbox"/> ECHO ROCK <input type="checkbox"/> VALLEY SHORE
	*PICKUP AND DROP OFF ARE AT THE SAME LOCATION PLEASE CHECK ONLY ONE.	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$40 Before <input type="checkbox"/> \$40 After <input type="checkbox"/> \$72 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM

# YMCA CAMP ECHO ROCK REGISTRATION FORM

Please detach this page and return to the Valley Shore YMCA with payment. PLEASE PRINT.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ Town: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age (as of 9/17) \_\_\_\_\_ Grade (as of 9/17) \_\_\_\_\_ Gender:  Female  Male

Guardian's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Business /Home \_\_\_\_\_

Guardian's Employer: \_\_\_\_\_ Email Address: \_\_\_\_\_

Guardian's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Business /Home \_\_\_\_\_

Guardian's Employer: \_\_\_\_\_ Email Address: \_\_\_\_\_

Please Indicate Tee Shirt Size:  Small  Medium  Large  Extra Large

DO YOU REQUIRE BUS TRANSPORTATION?  YES  NO If yes, please indicate which stop you will utilize: \_\_\_\_\_

EMERGENCY CONTACT INFORMATION (OTHER THAN LISTED ABOVE):

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

The following people are authorized to pick up my child:

1. Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

2. Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

3. Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Special Information or Allergies:  YES  NO If YES please supply information here: \_\_\_\_\_

PAYMENT INFORMATION:

Credit Card Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV \_\_\_\_\_ Signature of Card Holder: \_\_\_\_\_

Please enroll me in auto pay using the credit card above (preferred) or  Charge my deposits and bill me.

My signature below signifies that I agree with all information on this application and in the camp brochure. I understand that state law prohibits my child from attending camp without a medical form completed by a physician within 36 months prior to the beginning of camp. Permission is also granted for the YMCA to take and use photographs of the person named on this application. I authorize YMCA officials to secure medical/emergency attention and treatment for the camper listed above. I have enclosed a \$50.00 non-refundable deposit per child/per camp session, non-transferable after April 30, 2017. I also agree to pay the balance of camp fees two weeks prior to the beginning of the camp session(s). Permission is granted for the signed camper to participate in all planned camp activities including field trips and walking trips. **The undersigned voluntarily agrees to hold the YMCA harmless for injuries or accidents resulting in bodily injury or property damage during my child's participation in programs at YMCA Camp Echo Rock I further waive, release, absolve, and indemnify the Valley Shore YMCA, YMCA Camp Echo Rock, its directors, volunteers, officers or employees for injuries or accidents occurring while participating in the programs of YMCA Camp Echo Rock.**

FOR CAMP USE:  Deposit included: \$50 per Camper/per week \_\_\_\_\_  Registration Form signed (above)  Physical Received



# BUS SCHEDULE

SESSIONS 1-4: JUNE 26-JULY 21 ONLY:

BUS STOP	TOWN	AM TIME	PM TIME
YMCA	Westbrook	7:50	5:10
Big Y Shopping Center	Old Lyme	8:05	4:55
Shopping Center Pennsylvania Ave., (by Family Pizza)	Niantic	8:30	4:30
Stop & Shop	East Lyme	8:45	4:15

All buses arrive at YMCA Camp Echo Rock, 121 Upper Pattagansett Rd., East Lyme at 9 AM and depart at 4 PM.



Non-Profit Org  
 U.S. Postage  
**PAID**  
 Old Saybrook, CT  
 Permit No. 414

# YMCA CAMP ECHO ROCK

IN EAST LYME

## YMCA CAMP ECHO ROCK

Make this summer the most exciting ever! Camp Echo Rock is a brand new co-ed program designed to help children gain confidence, self-esteem and independence by mastering a wide range of outdoor living skills. With 87 pristine acres on Lake Pattagansett, Camp Echo Rock will offer campers the opportunity to practice fire building, outdoor cooking, hiking, shelter building, knots and lashing, pioneering, canoeing, orienteering and rock climbing. Campers also get to experience the 3-sided climbing tower, zip line, archery range and other ropes course challenge elements. Join us this summer and make it the most exciting summer ever!

Patrick Connelly, Senior Director of Program Advancement  
 860.399.9622x113



**BEST SUMMER EVER**  
 FRIENDSHIP, ACCOMPLISHMENTS, BELONGING



### Experience

Camp Echo Rock is a new program, but it is bursting with experience. Camp Echo Rock is being led by the Valley Shore YMCA, which has been providing high quality youth programs along the shoreline for almost 100 years. Camp Echo Rock is being held at the Girl Scout Pattagansett Outdoor Center, a place steeped in traditions of providing meaningful outdoor experiences for children.



### Camp Echo Rock Promise

Your child's safety and best interest is at the heart of all we do. All of our staff hiring practices, training designs, and program plans are centered around creating the most supportive and rewarding experience for your child.



a spot due to late payment of a balance.

with convenience and avoids the risk of losing them automatically. This option provides you balance into even installments and charge information and we will divide your camp Provide us with your credit card or bank

### AUTO CREDIT CARD PAYMENT OPTION

unique, exciting and fresh. We are adding specialty area staff to make sure that our traditional camp experience is

### TRADITIONAL CAMP ENHANCEMENTS

summer plans! Go to VSYMCA.org. registration! Register now to lock in your We've added the convenience of online

### ONLINE REGISTRATION

you this summer at Camp Echo Rock! registration, so be sure to tell a friend to join We no longer require a YMCA membership for

### NO MEMBERSHIP NEEDED!

**NEW AND IMPROVED!**

## IMPORTANT INFORMATION

### REGISTRATION

Complete the registration form entirely, one per camper and return it to the Valley Shore YMCA. A \$50 non refundable deposit per session is due upon registration. The preferred method of payment is to enroll in our Automatic Credit Card Charge Option. Payment is due 2 full weeks prior to the start of your child's camp. Each child must have a completed health form on file at least two weeks prior to the start of camp. You can drop off, mail or fax your registration form.

### SCHEDULE

Camp Echo Rock offers one-week sessions from June 26 to August 18. Regular camp hours are 9 a.m. to 4 p.m. Extended care is available at camp and at the Valley Shore YMCA, 7 a.m. to 6 p.m.

### FINANCIAL ASSISTANCE

We strive to provide camp to every child regardless of their ability to pay. In order to apply for financial assistance please visit the Y or download at vsymca.org under scholarship. You must apply for financial assistance before registering for camp and no new financial aid applications will be considered after June 1, 2017. Please call for more information.



### GENERAL INFORMATION

**SUMMER LOCATION:**  
 121 Upper Pattagansett Road,  
 East Lyme, CT 06333  
**OFFICE LOCATION:**  
 Valley Shore YMCA, 201 Spencer Plains Rd.,  
 Westbrook, CT 06498  
 PH: 860-399-9622 | FX: 860-399-8349  
 WEBSITE: www.vsymca.org

### EXTENDED CAMP CARE

AT CAMP ECHO ROCK  
 BEFORE CARE: 7-9 AM AFTER CARE: 4-6 PM  
 Before **OR** After care: add \$45/week  
 Before **AND** After care: add \$80/week

### EXTENDED CAMP CARE

AT VALLEY SHORE YMCA  
 BEFORE CARE: 7-9 AM (Campers will ride bus and must arrive by 7:45 a.m.)  
 AFTER CARE: 4-6 PM (Campers will arrive on bus at 5:10 p.m.)  
 Before **OR** After care: add \$45/week  
 Before **AND** After care: add \$80/week